Enterprise Computing Solutions - Education Services

TRAINING OFFERING

You can reach us at:

Arrow ECS B.V., Kromme Schaft 5, 3991 AR Houten, The Netherlands

Email: education.ecs.nl@arrow.com
Phone: +31 20 582 6109

Configuring F5 Advanced WAF (previously licensed as ASM) v15.1

CODE:	LENGTH:	PRICE:
F5N_BIG-AWF-CFG	32 Hours (4 days)	€3,195.00

Description

In this 4-day course, students are provided with a functional understanding of how to deploy, tune, and operate F5 Advanced Web Application Firewall to protect their web applications from HTTP-based attacks.
The course includes lecture, hands-on labs, and discussion about different F5 Advanced Web Application Firewall tools for detecting and mitigating threats from multiple attack vectors such web scraping, Layer 7 Denial of Service, brute force, bots, code injection, and zero-day exploits.

Topics Covered
- Resource provisioning for F5 Advanced Web Application Firewall
- Traffic processing with BIG-IP Local Traffic Manager (LTM)
- Web application concepts
- Mitigating the OWASP Top 10 and other vulnerabilities
- Security policy deployment
- Security policy tuning
- Deploying Attack Signatures and Threat Campaigns
- Positive security building
- Securing cookies and other headers
- Reporting and logging
- Advanced parameter handling
- Using Automatic Policy Builder
- Integrating with web vulnerability scanners
- Login enforcement for flow control
- Brute force and credential stuffing mitigation
- Session tracking for client reconnaissance
- Using Parent and Child policies
- Layer 7 DoS protection
- Transaction Per Second-based DoS protection
- Layer 7 Behavioral DoS Protection
- Configuring Advanced Bot Defense
- Web Scraping and other Microservice Protection
- Working with Bot Signatures
- Using DataSafe to Secure the client side of the Document Object Model

Objectives

At the end of this course, the student will be able to:

• Describe the role of the BIG-IP system as a full proxy device in an application delivery network
• Provision the F5 Advanced Web Application Firewall
• Define a web application firewall
• Describe how F5 Advanced Web Application Firewall protects a web application by securing file types, URLs, and parameters
• Deploy F5 Advanced Web Application Firewall using the Rapid Deployment template (and other templates) and define the security checks included in each
• Define learn, alarm, and block settings as they pertain to configuring F5 Advanced Web Application Firewall
• Define attack signatures and explain why attack signature staging is important
• Deploy Threat Campaigns to secure against CVE threats
• Contrast positive and negative security policy implementation and explain benefits of each
• Configure security processing at the parameter level of a web application
• Deploy F5 Advanced Web Application Firewall using the Automatic Policy Builder
• Tune a policy manually or allow automatic policy building
• Integrate third party application vulnerability scanner output into a security policy
• Configure login enforcement for flow control
• Mitigate credential stuffing
• Configure protection against brute force attacks
• Deploy Advanced Bot Defense against web scrapers, all known bots, and other automated agents
• Deploy DataSafe to secure client-side data

Audience

This course is intended for SecOps personnel responsible for the deployment, tuning, and day-to-day maintenance of F5 Adv. WAF. Participants will obtain a functional level of expertise with F5 Advanced WAF, including comprehensive security policy and profile configuration, client assessment, and appropriate mitigation types.
• Experience with LTM is not required.
• Prior WAF knowledge is not required.
• This course is on the list of approved study resources for the F5 ASM 303 certification exam.

Prerequisites

There are no F5-technology-specific prerequisites for this course. However, completing the following before attending would be very helpful for students with limited BIG-IP administration and configuration experience:
? Administering BIG-IP instructor-led course ? -or-
? F5 Certified BIG-IP Administrator
The following free web-based training courses, although optional, will be very helpful for any student with limited BIG-IP administration and configuration experience.
These courses are available at LearnF5 (https://www.f5.com/services/training):
? Getting Started with BIG-IP web-based training
? Getting Started with BIG-IP Application Security Manager (ASM) web-based training
The following general network technology knowledge and experience are recommended before attending any F5 Global Training Services instructor-led course:
? OSI model encapsulation
? Routing and switching
? Ethernet and ARP
? TCP/IP concepts
? IP addressing and subnetting
? NAT and private IP addressing
? Default gateway
? Network firewalls
? LAN vs. WAN

Programme

? Introducing the BIG-IP System
? Initially Setting Up the BIG-IP System
? Archiving the BIG-IP System Configuration
Chapter 1: Setting Up the BIG-IP System? Leveraging F5 Support Resources and ToolsChapter 2: Traffic Processing with BIG-IP
? Identifying BIG-IP Traffic Processing Objects
? Understanding Profiles
? Overview of Local Traffic Policies
? Visualizing the HTTP Request Flow Chapter 3: Web Application Concepts

? Overview of Web Application Request Processing
? Web Application Firewall: Layer 7 Protection
? Layer 7 Security Checks
? Overview of Web Communication Elements
? Overview of the HTTP Request Structure
? Examining HTTP Responses
? How F5 Advanced WAF Parses File Types, URLs, and Parameters
? Using the Fiddler HTTP Proxy Chapter 4: Web Application Vulnerabilities
? A Taxonomy of Attacks: The Threat Landscape
? Common Exploits Against Web Applications Chapter 5: Security Policy Deployment
? Defining Learning
? Comparing Positive and Negative Security Models
? The Deployment Workflow
? Policy Templates: Protection Starting Point
? Deployment Workflow: Using Advanced Settings
? Defining Logging Profiles
? Security Checks Offered by Rapid Deployment
? Defining Data Guard Chapter 6: Policy Tuning and Violations
? Post-Deployment Traffic Processing
? How Violations are Categorized
? Violation Rating: A Threat Scale
? Defining Staging and Enforcement
? Defining Enforcement Mode
? Defining the Enforcement Readiness Period
? Defining the Learn, Alarm and Block Settings
? Defining Learning Suggestions
? Interpreting the Enforcement Readiness Summary
? Configuring the Blocking Response Page Chapter 7: Attack Signatures and Threat Campaigns
? Defining Attack Signatures
? Creating User-Defined Attack Signatures
? Defining Simple and Advanced Edit Modes
? Defining Attack Signature Sets
? Understanding Attack Signatures and Staging
? Updating Attack Signatures
? Defining Threat Campaigns Chapter 8: Positive Security Policy Building
? Defining and Learning Security Policy Components
? Defining the Wildcard
? Defining the Entity Lifecycle
? Choosing the Learning Scheme
? How to Learn: Never (Wildcard Only)
? How to Learn: Always
? How to Learn: Selective
? Reviewing the Enforcement Readiness Period: Entities
? Viewing Learning Suggestions and Staging Status
? Defining the Learning Score
? Defining Trusted and Untrusted IP Addresses
? How to Learn: Compact Chapter 9: Securing Cookies and Other Headers
? The Purpose of F5 Advanced WAF Cookies
? Defining Allowed and Enforced Cookies
? Securing HTTP headers Chapter 10: Visual Reporting and Logging
? Viewing Application Security Summary Data
? Building Application Security Reports Using Filters
? Viewing F5 Advanced WAF Resource Consumption
? Ensuring PCI Compliance: PCI-DSS 3.0
? Using the OWASP Compliance Dashboard
? Analyzing Requests using the Attack Expert System
? Local Logging Facilities and Destinations
? Viewing Logs in the Configuration Utility
? Defining the Logging Profile
? Configuring Response Logging Chapter 11: Lab Project 1Chapter 12: Advanced Parameter Handling

? Understanding the Need for Parameter Protections
? Understanding Where Parameters Appear
? Understanding Parameter Types and Definitions
? Understanding Parameter Levels
? Understanding Parameter Properties
? Understanding Static Content Value Parameters
? Understanding User Input Parameters
? Defining Dynamic Parameters
? Defining Dynamic Parameter Extraction Properties
? Defining Positional Parameters
? Understanding Sensitive Parameters Chapter 13: Automatic Policy Building
? Overview of Automatic Policy Building
? Identifying Templates Which Automate Learning
? Defining Policy Loosening
? Defining Policy Tightening
? Defining Learning Speed: Traffic Sampling
? Defining Track Site Changes Chapter 14: Web Application Vulnerability Scanner Integration
? Integrating Scanner Output ? Defining a Parent and Child Policies
? Importing and Resolving VulnerabilitiesChapter 15: Deploying Layered Policies? Layered Policy Deployment Use Cases
? Defining Login Pages for Flow Control
? Defining Brute Force Attacks
Chapter 16: Login Enforcement and Brute Force Mitigation? Defining Credential Stuffing
? Defining Session Tracking
Chapter 17: Reconnaissance with Session Tracking? Configuring Actions Upon Violation Detection
? Defining Denial of Service Attacks
? Defining the DoS Protection Profile
? Overview of TPS-based DoS Protection
? Configuring Stress-based Mitigation
? Defining Behavioral DoS Mitigation
Chapter 18: Layer 7 DoS Mitigation? Mitigate Attacks Starting with the TLS HandshakeChapter 19: Advanced Bot Defense
? Classifying Clients with the Bot Defense Profile
? Defining Bot Signatures
? Defining F5 Fingerprinting
? Defining Browser Verification
? Defining Device ID
? Defining Bot Defense Profile Templates
? Defining Microservices protection
? Mitigating Web Scraping Chapter 20: Form Encryption using DataSafe
? What Elements of Application Delivery Are Targeted?
? Exploiting the Document Object Model
? Protecting Applications Using DataSafe
? Configuring a DataSafe Profile Chapter 21: Review and Final Labs
? Final Lab Project (Option 1) – Production Scenario
? Final Lab Project (Option 2) – Managing Traffic with Layer 7 Local Traffic Policies

Follow on courses

F5N_BIG-OP-ADMIN, Administering BIG-IP v.15.1
F5N_BIG-LTM-CFG-3, Configuring BIG-IP LTM: Local Traffic Manager v.15.1
F5N_BIG-DNS-I, Configuring BIG-IP DNS (formerly GTM) v.15.1
F5N_BIG-EGW-APM, Configuring BIG-IP APM: Access Policy Manager v.15.1
F5N_BIG-IRULE-CFG, Developing iRules for BIG-IP v.15.1
Other courses available:F5N_BIG-TRBL-INT2, Troubleshooting BIG-IP v.15.1

Test and Certification

Exam 303 – BIG-IP ASM Specialist
Prerequisites: Valid F5-CA, BIG-IP Certification
Upon passing Exam 303, candidates receive their F5 Certified Technology Specialist, BIG-IP ASM certification. This certification verifies that a candidate is fully qualified to design, implement, and maintain BIG-IP ASM, integrating BIG-IP ASM with other platforms and products in a manner that is application-specific and appropriate to organizational policies, needs, and requirements. Receiving the F5-CTS, BIG-IP ASM certification is a prerequisite for the Security Solutions Expert certification track.
View Exam 303 study materials on AskF5
Exam vouchers can be purchased from Arrow ECS at an additional charge. Vouchers can be used at www.vue.com/f5 to schedule exams at a time and location convenient to the attendee.

Session Dates

Date	Location	Time Zone	Language	Type	Guaranteed	PRICE
23 Apr 2024	Virtual Classroom (CET / UTC+1)	CEDT	English	Instructor Led Online		€3,195.00
04 Jun 2024	Virtual Classroom (CET / UTC+1)	CEDT	English	Instructor Led Online		€3,195.00

Additional Information

This training is also available as onsite training. Please contact us to find out more.